Bridget Sweet is Associate Professor of Music Education at the University of Illinois in Urbana-Champaign, Illinois where she teaches music education pedagogy, including choral methods and literature, middle-level general music methods, graduate courses in music education, as well as a course focused on the development of healthy practices for all musicians. Dr. Sweet has worked extensively with adolescent singers as a teacher, clinician and adjudicator. She published the book *Growing Musicians: Teaching Music in Middle School and Beyond* (2016, Oxford University Press) and her forthcoming book *Thinking Outside the Voice Box: Adolescent Voice Change in Music Education* is currently in production (Oxford University Press). Her research interests include middle level choral music education, female and male adolescent voice change, educating and empowering adolescent music students, and intersections of diversity and the music classroom.