DANCE 4491A: INDEPENDENT STUDY: MOVEMENT AND DANCE FOR SINGERS
Fall 2020

Barb Sarma
Room 17, Alumni Hall
661-2111, ext. 88396/office hours: by appointment
bsarma2@uwo.ca

Class times:    Monday 11:00-12:30 in Alumni Hall, Room 17
               Friday 11:00-12:30 in Alumni Hall, Room 17  First class-Friday, September 11th

COURSE DESCRIPTION
   A conceptual approach to the development of movement skills used in dance. Application of theoretical knowledge will assist the student in understanding and appreciating dance as an art form. (Half course: Three hours lecture/laboratory: Blended format)

Prerequisites: Enrolment by Special Permission

COURSE CONTENT

1. Body placement and control (alignment, posture, strength, balance, centering mechanisms).

2. Body movement, axial (flexion, extension, hyper-extension, rotation).


4. Exploration of movement range; focus; dynamics; and qualities or release of energy (swinging, sustained, suspended, vibratory, percussive, collapse).

5. Rhythmical approaches to dance (meter, accent, tempo).

6. Exploration of spatial design (direction, level, focus) and shape.

7. Explanation of written materials concerning the technical and creative development of the dancer.

NATURE OF THE COURSE
   This course is designed to introduce and examine concepts associated with basic elements of dance techniques through directed and creative movement experiences. The course will include the analysis and application of the kinesiological, rhythmic, and aesthetic aspects of human movement through dance.

   Dance is a physical activity that exists in time and space. Students can best discover and begin to understand the elements affecting movement when isolated and explained within an environment of movement. They learn through the process of developing movement skills that allow their bodies to become creative, expressive instruments.
OBJECTIVES OF THE COURSE
1. To become familiar with terms associated with the organization of dance, its form and structure.

2. To understand dance vocabulary and concepts, and how they apply to skill acquisition.

3. To make connections between dance and related areas (visual art, music, sports, drama, literature, science).

4. To become familiar with terms used in music that can define more accurately rhythmic aspects of movement (meter, accent, phrasing, rhythm pattern, beat, tempo).

5. To encourage individualized artistic expression through the acquisition of technical and performance skills.

6. To help establish a realistic self-image based on the individual's physical body and its potential range for movement.

7. To encourage greater movement potential by developing a willingness to explore new movement.

8. To develop an awareness of movement qualities and dynamics in movement and the differences between them.

9. To familiarize the students with the elements of time, space, motion and shape and demonstrate how they are used in relation to dance.

10. To develop an understanding of the creative process and establish an environment for creative activity.

ATTENDANCE
Attendance and punctuality are mandatory. Because of the nature of the course material, students are required to attend all classes. The acceptable exceptions will be an illness that legitimately prevents attendance, or a personal crisis. These events must be proved with documentation. On days when a student does not feel up to physical participation, they should attend class and they will be given an observation assignment.

DRESS
Students should be prepared to work in bare feet, wear layers of soft cotton clothing such as leotards, footless tights, sweat pants, leg warmers, t shirts, etc., and a towel and cotton socks to be used when required.
COURSE FORMAT

Theoretical components such as movement analysis, anatomical analysis, rhythmical analysis and performance aspects are taught in the context of the technical skills being learned or mastered by the students. On few occasions will the theory and technique be separated. It is impossible to be specific as to the day to day content or progress of each class. The backgrounds of the students, their ability to master the technical skills presented and the ability of the instructor to present the technical problems in a manner in which the students can understand and transfer into movement will always make every technique class slightly unique.

SUGGESTED READINGS


VIEWING DANCE / EXPANDING MUSICAL & RHYTHMIC AWARENESS

It is recommended that students take advantage of attending live dance performances and watching video or films that feature dance. These outside activities will provide an opportunity for discussion about different dance techniques and approaches. Students will also recognize similar dance movements to those taught in class.

Students are encouraged to broaden the genres of music they listen to in order to challenge their comfort and expand their awareness of musical resources that can be used with dance.

EVALUATION

50%: **In-Class Work**

Students will be evaluated on learning, improvement, and performance of the movement material presented in class. This will include journal topics that are assigned in relation to specific skills, creative experiences, or performance development. The journal entries will be submitted each week (online).

20%: **Movement Pattern Showing Variation in Dance Styles**

This assignment is designed to facilitate the development of an original movement pattern using distinct styles and movement qualities. Working in duet/trio/small groups, the final product will be presented (in person or online).

30%: **Solo Presentation / Final Solo Project**

This assignment is a final dance technique composition that the student will compose and present to demonstrate improvement in skill level and ability to apply performance skills. Each student will be given specific challenges to be included in the creation of the composition.
COURSE TIMETABLE

Weeks of September 14th, 21st and 28th
- Begin evaluation of students’ technical abilities.
- Class work will focus on assessing and introducing material designed to improve technical knowledge, skill level, improvisational awareness, and individual artistic expression.

October 12th Thanksgiving Day – No Class

October 19th and 23rd
- Discuss and set Duet/Trio/Quartet groups and select movement material.

October 26th
- Confirm dates for performance of Duet, Trio or Quartet Movement Patterns.

Fall Reading Week November 2nd – 8th (No Classes)

November 9th and 13th
- Discuss and assign Final Solo Dance project.

November 16th, 20th and 23rd
- Present Duet, Trio or Quartet Movement Patterns.

November 30th, December 4th and 7th
- Perform Final Solo Dance projects.
Important Notes:

i) **Course Prerequisites: Special Permission.** Unless you have either the prerequisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

ii) **Grading scale:** A+=90-100%, A=80-89%, B=70-79%, C=60-69%, D=50-59%, F=0-49%.

iii) **Academic Consideration for Student Absence:** Students will have up to two (2) opportunities during the regular academic year to use an on-line portal to self-report an absence during the term, provided the following conditions are met: the absence is no more than 48 hours in duration, and the assessment for which consideration is being sought is worth 30% or less of the student’s final grade. **Students are expected to contact their instructors within 24 hours of the end of the period of the self-reported absence, unless noted on the syllabus.** Students are not able to use the self-reporting option in the following circumstances:

- for exams scheduled by the Office of the Registrar (e.g., December and April exams)
- absence of a duration greater than 48 hours,
- assessments worth more than 30% of the student’s final grade,
- if a student has already used the self-reporting portal twice during the academic year

If the conditions for a Self-Reported Absence are not met, students will need to provide a Student Medical Certificate if the absence is medical or provide appropriate documentation if there are compassionate grounds for the absence in question. **Students are encouraged to contact their Faculty academic counselling office to obtain more information about the relevant documentation.**

Students should also note that individual instructors are not permitted to receive documentation directly from a student, whether in support of an application for consideration on medical grounds, or for other reasons. All documentation required for absences that are not covered by the Self-Reported Absence Policy must be submitted to the Academic Counselling office of a student’s Home Faculty. For the Western University policy on Consideration for Student Absence, see: [https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic_Consideration_for_absences.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic_Consideration_for_absences.pdf)

and for the Student Medical Certificate (SMC), see: [http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf)

iv) **Academic Consideration for Missing Work:** In cases where students are unable to submit work due to medical illness or compassionate grounds, if an online self-reported absence is submitted, or if appropriate supporting documentation is submitted to the Associate Dean’s office, and the accommodation is granted, then the missed assessments may be rescheduled or discounted in the calculation of the final grade for the course, at the discretion of the instructor. If neither a self-reported absence nor an appropriate supporting document is submitted to the appropriate office, then the missed assignments will receive a grade of zero.
v) **Academic Offences:** Submission of work with which you have received help from someone else (other than the course instructor or TA) is an example of plagiarism, which is considered a major academic offence. Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, as found at: [http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf)

vi) **Mental Health & Wellness:** Students that are in emotional/mental distress should refer to the Health and Wellness at Western page ([https://www.uwo.ca/health/](https://www.uwo.ca/health/)) for a complete list of options about how to obtain help or to go to the Wellness Education Centre located in UCC room 76. **Students in crisis in need of immediate care are directed to go directly to Student Health Services in UC11 or to click on the green “I Need Help Now” button on the Health and Wellness page above.**

vii) **Accommodation for Students with Disabilities:** Students work with Accessible Education Western (AEW, formerly SSD) which provides recommendations for accommodation based on medical documentation or psychological and cognitive testing. The accommodation policy can be found here: [https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic%20Accommodation_disabilities.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic%20Accommodation_disabilities.pdf)

viii) **Religious Accommodation:** Students should consult the University's list of recognized religious holidays, and should give reasonable notice in writing, prior to the holiday, to the Instructor and an Academic Counsellor if their course requirements will be affected by a religious observance. Additional information is given in the Western Multicultural Calendar. [http://multiculturalcalendar.com/ecal/index.php?s=c-univwo](http://multiculturalcalendar.com/ecal/index.php?s=c-univwo)

**Specific Notes to Address Covid-19-related Issues:**

i) **Contingency Plan:** In the event of a COVID-19 resurgence during the course that necessitates the course delivery moving away from face-to-face interaction, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online at the discretion of the course instructor.

ii) **Recording of Online Activities:** All of the remote learning sessions for this course will be recorded. The data captured during these recordings may include your image, voice recordings, chat logs and personal identifiers (name displayed on the screen). The recordings will be used for educational purposes related to this course, including evaluations. The recordings may be disclosed to other individuals participating in the course for their private or group study purposes. Please contact the instructor if you have any concerns related to session recordings.

Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation, or the participant has the prior written permission of the instructor.
iii) **Online Etiquette:** Some components of this course may involve synchronous online interactions. To ensure the best experience for both you and your classmates, please honour the following rules of etiquette:

- Use your computer and/or laptop if possible (as opposed to a cell phone or tablet)
- Please “Arrive” to class on time
- Ensure that you are in a private location to protect the confidentiality of discussions in the event that a class discussion deals with sensitive or personal material
- To minimize background noise, kindly mute your microphone for the entire class until you are invited to speak, unless directed otherwise
- Unless invited by your instructor, do not share your screen in the meeting
- In order to give us optimum bandwidth and web quality, please turn off your video camera for the entire class unless you are invited to speak
- Be prepared to turn your video camera off at the instructor’s request if the internet connection becomes unstable

The course instructor will act as moderator for the class and will deal with any questions from participants. To participate please consider the following:

- If you wish to speak, select the blue “raise hand” function and wait for the instructor to acknowledge you before beginning your comment or question.
- Kindly remember to unmute your microphone and turn on your video camera before speaking.
- Self-identify when speaking.
- Kindly remember to select the “raise hand” function again to lower your hand, mute your mic and turn off your video camera after speaking (unless directed otherwise).

**Netiquette Statement for Undergraduate Course Outlines**

General considerations of “netiquette”:

- Keep in mind the different cultural and linguistic backgrounds of the students in the course.
- Be courteous toward the instructor, your colleagues, and authors whose work you are discussing.
- Be respectful of the diversity of viewpoints that you will encounter in the class and in your readings. The exchange of diverse ideas and opinions is part of the scholarly environment.
- Be professional and scholarly in all online postings. Use proper grammar and spelling. Cite the ideas of others appropriately.

Note that disruptive behavior of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of “Zoom-bombing” a class, or of other serious online offenses, may be subject to disciplinary measures under the Code of Student Conduct.
Additional applicable statements

i) This course has received an exemption from the requirement in the Senate Policy on Evaluation of Undergraduate Academic Performance that stipulates “At least three days prior to the deadline for withdrawal from a 1000- or 2000-level course without academic penalty, students will receive assessment of work accounting for at least 15% of their final grade.”

ii) Examinations & Attendance: Any student who, in the opinion of the instructor is absent too frequently from class or laboratory periods in any course will be reported to the Dean of the Faculty offering the course (after due warning has been given). On the recommendation of the department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course. The Dean of the Faculty offering the course will communicate that decision to the Dean of the Faculty of registration.

iii) Electronic Devices in Classrooms: The in-class use of electronic devices (other than for instructor-approved in-class uses) is expressly prohibited. Students found guilty of disrupting the class with electronic devices will be asked to leave the class and may be subject to disciplinary measures under the Code of Student Conduct.

iv) Plagiarism Detection Software Usage: All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (https://www.turnitin.com/).