Course Description: This course is designed for students with no formal dance experience or background. Movement skills are developed as students acquire an understanding of basic body and movement technique through practice and analysis. Familiarity with ballet, modern, theatre dance, and social styles of dance along with associated terminology will be the focus of the course. Learning will include understanding of the components of rhythm and rhythm patterns combined with movement combinations, as well as understanding how a basic dance class runs. The OWL platform will be used for posting of all recorded sessions, course information, lecture notes, announcements, tests and submission of assignments, when applicable.

Course Content
1. Fundamental body placement and awareness
2. Basic locomotor movements and application
3. Dance terminology
4. Music and rhythms used in dance

Course Objectives
1. Develop awareness of body placement, control and strength
2. Develop and apply basic movement skills
3. Learn and practise ballet, modern and theatre dance techniques, basic social dance rhythms
4. Develop awareness of dance rhythms by studying musicality
5. Recognize and demonstrate movement from dance terminology

Course Format: Half course. 6 hours lecture/lab. Mondays, Wednesdays, Fridays – 2:30 p.m. to 4:30 p.m. This course will follow the format of a dance class augmented by lectures where technique and theory are developed simultaneously. As this course is being delivered in a blended format, students will be divided into smaller groups for reduced in-class components each week. Recorded sessions will be used for preparation outside of the classroom environment.

Attendance: This course involves the development of dance technique which makes attendance on assigned days in class essential for success; attendance is mandatory. Viewing of the recorded classes, when assigned, is also mandatory within the specified time frame. If unable to attend a scheduled in-class session, students are “expected to contact the instructor by email in advance or within 24 hours following an absence in order to set up a time to discuss next steps for attending or completing work”. Unexplained absences will result in a reduction in your participation grade. Where physical participation might be limited due to an extended illness or injury, students are expected to observe the class when possible and complete supplemental assignments. An extended situation could also result in the student having to withdraw from the course. Punctuality is important for proper warm up and injury prevention. Active participation is required.
Dress for Class
-tight-fitting clothing for observation of body and leg lines, ballet or closed-toe non-marking jazz dance shoes
-hair tied back and out of the way of the face and neck; loose or distracting jewellery is not appropriate
-warm-up wear may be worn over regular dance clothes but will need to be removed when required.

Evaluation
40% - Daily Classroom Work
- 25%: Technique (understanding & application of corrections) & improvement (daily & overall)
- 15%: Showing the ability to retain warm-up patterns and combinations.
Missed classes could affect classroom mark.
*40% - Written and/or practical unit tests
*20% - Movement assignments

Late Assignments - Assignments, both written and practical on-line submissions, are due on the day specified.
Late assignments will be accepted but will lose one mark per day, including weekends.
*Required for successful completion of the course.

Course Timetable: Note – dates below are subject to change according to class progress
Weeks 1-4 (Sept. 9th – Oct. 2nd): Unit 1-Basics unit
- Oct. 2nd: In-studio written test – Unit 1
Weeks 5-8 (Oct. 5th – October 30th): Unit 2-Ballet unit
- Thanksgiving Day (Monday, Oct. 12th) – no class
- Oct. 28th: In-studio written test – Unit 2
- Reading Week (November 1st – November 8th) – no classes
Weeks 9-10 (Nov. 9th – Nov. 16th): Unit 3-Social/Rhythms unit
- Nov. 16th: In-studio written test – Unit 3
Week 10-13 (Nov. 18th – Dec. 9th): Unit 4-Modern/Theatre Dance Elements unit
- Nov. 25th to Dec. 2nd: In-studio practical testing – Unit 4
- Fri. Dec. 4th to Wed. Dec. 9th: Presentations (in-studio)
  (In the event of classes transitioning to fully on-line, presentations and tests will be submitted on-line, dates subject to change.)

Electronic Devices in Classrooms: The in-class use of electronic devices (other than for instructor-approved in-class uses) is expressly prohibited. Students found guilty of disrupting the class with electronic devices will be asked to leave the class and may be subject to disciplinary measures under the Code of Student Conduct.

Electronic Devices in Exams: Electronic devices of any type will not be permitted during the tests in this course (unless required for accessibility reasons based on an approved accommodation request from Accessible Education).

Academic Offences: Submission of work with which you have received help from someone else (other than the course instructor or TA) is an example of plagiarism, which is considered a major academic offence. Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, as found at:
http://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf
Mental Health & Wellness: Students that are in emotional/mental distress should refer to the Health and Wellness at Western page ([https://www.uwo.ca/health/](https://www.uwo.ca/health/)) for a complete list of options about how to obtain help or to go to the Wellness Education Centre located in UCC room 76. **Students in crisis in need of immediate care are directed to go directly to Student Health Services in UC11 or to click on the green “I Need Help Now” button on the Health and Wellness page above.**

Accommodation for Students with Disabilities: Students work with Accessible Education Western (AEW, formerly SSD) which provides recommendations for accommodation based on medical documentation or psychological and cognitive testing. The accommodation policy can be found here: [https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic%20Accommodation_disabilities.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic%20Accommodation_disabilities.pdf)

Religious Accommodation: Students should consult the University's list of recognized religious holidays, and should give reasonable notice in writing, prior to the holiday, to the Instructor and an Academic Counsellor if their course requirements will be affected by a religious observance. Additional information is given in the Western Multicultural Calendar. [http://multiculturalcalendar.com/ecal/index.php?s=c-univwo](http://multiculturalcalendar.com/ecal/index.php?s=c-univwo)

Academic Consideration for Student Absence: Students will have up to two (2) opportunities during the regular academic year to use an on-line portal to self-report an absence during the term, provided the following conditions are met: the absence is no more than 48 hours in duration, and the assessment for which consideration is being sought is worth 30% or less of the student’s final grade. **Students are expected to contact their instructors within 24 hours of the end of the period of the self-reported absence, unless noted on the syllabus.** Students are not able to use the self-reporting option in the following circumstances:

- for exams scheduled by the Office of the Registrar (e.g., December and April exams)
- absence of a duration greater than 48 hours,
- assessments worth more than 30% of the student’s final grade,
- if a student has already used the self-reporting portal twice during the academic year

If the conditions for a Self-Reported Absence are not met, students will need to provide a Student Medical Certificate if the absence is medical or provide appropriate documentation if there are compassionate grounds for the absence in question. **Students are encouraged to contact their Faculty academic counselling office to obtain more information about the relevant documentation.**

Students should also note that individual instructors are not permitted to receive documentation directly from a student, whether in support of an application for consideration on medical grounds, or for other reasons. All documentation required for absences that are not covered by the Self-Reported Absence Policy must be submitted to the Academic Counselling office. For the Western University policy on Consideration for Student Absence, see: [https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic_Consideration_for_absences.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic_Consideration_for_absences.pdf) and for the Student Medical Certificate (SMC), see: [http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf](http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf)

Academic Consideration for Missing Work: In cases where students are unable to submit work due to medical illness or compassionate grounds, if an online self-reported absence is submitted, or if appropriate supporting documentation is submitted to the Associate Dean’s office, and the accommodation is granted, then the missed assessments may be rescheduled or discounted in the calculation of the final grade for the course, at the discretion of the instructor. If neither a self-reported absence nor an appropriate supporting document is submitted to the appropriate office, then the missed assignments will receive a grade of zero.
Special considerations due to COVID-19

Contingency Plan: In the event of a COVID-19 resurgence during the course that necessitates the course delivery moving away from face-to-face interaction, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will not change. Any remaining assessments will also be conducted online at the discretion of the course instructor.

Recording of Online Activities: Learning sessions for this course may be recorded. The data captured during these recordings may include your image, voice recordings, chat logs and personal identifiers (name displayed on the screen). The recordings will be used for educational purposes related to this course, including evaluations. The recordings may be disclosed to other individuals participating in the course for their private purposes, but not to anyone else without prior permission from the instructor. Please contact the instructor if you have any concerns related to session recordings.

***Participants in this course are not permitted to record/copy the sessions, except where recording is an approved accommodation, or the participant has the prior written permission of the instructor.

Online Etiquette: Some components of this course may involve synchronous online interactions. To ensure the best experience for both you and your classmates, please honour the following rules of etiquette:

- Use your computer and/or laptop if possible (as opposed to a cell phone or tablet)
- “Arrive” to class on time
- Ensure that you are in a private location to protect the confidentiality of discussions in the event that a class discussion deals with sensitive or personal material
- To minimize background noise, kindly mute your microphone for the entire class until you are invited to speak, unless directed otherwise
- Unless invited by your instructor, do not share your screen in the meeting
- Be prepared to turn your video camera off at the instructor’s request if the internet connection becomes unstable

The course instructor will act as moderator for the class and will deal with any questions from participants. To participate please consider the following:

- If you wish to speak, select the blue “raise hand” function and wait for the instructor to acknowledge you before beginning your comment or question.
- Kindly remember to unmute your microphone and turn on your video camera before speaking.
- Self-identify when speaking.
- Kindly remember to select the “raise hand” function again to lower your hand, mute your mic and turn off your video camera after speaking (unless directed otherwise).

General considerations of “netiquette”:

- Keep in mind the different cultural and linguistic backgrounds of the students in the course.
- Be courteous toward the instructor, your colleagues, and authors whose work you are discussing.
- Be respectful of the diversity of viewpoints that you will encounter in the class and in your readings. The exchange of diverse ideas and opinions is part of the scholarly environment.

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of “Zoom-bombing” a class, or of other serious online offenses, may be subject to disciplinary measures under the Code of Student Conduct.