Western University
Don Wright Faculty of Music

Sound Music Education Lab
MUSIC 1802b-002
and MUSIC 1802b-004

Winter 2020

Instructor
Kathleen Allan, Visiting Professor
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Office Hours: By appointment

Affiliated Instructor
Orlena Bray
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Phone: 226-373-4455 (cell)
Office Hours: By appointment

Teaching Assistant
Elizabeth (Beth) Tuinstra
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Office Hours: By appointment

Meeting Times
Section 004: Mondays 10:30-11:30am, Music Building MB227
Section 002: Mondays 11:30am-12:30pm, Talbot College, TC307

Course Content
This course is designed to develop awareness of the body and its use in musical life. Students will develop confidence in using the body to its maximum expressive potential and increased confidence in practicing, rehearsing and performing.

Learning Outcomes
By the end of this course, students will have
• An experiential and cognitive understanding of the human system and its ability to learn, move, sing, and play your instrument with clarity, ease, freedom and power.
• An accurate “body map” of their major joints, the voice and the arm structure.
• A working knowledge of self-assessment tools for autonomy in the practice room.
• More confidence in performance situations.
• An expanded expressive range in singing, playing and moving.

Methods of Evaluation
Please Note: You must achieve a passing final grade in this portion of the course to pass 1802a/b and proceed to the Honours in Music Education program. Your final grade in the Sound Music Education Lab represents 25% of your final grade in 1802a/b.

Weekly reflections (12 weeks x 6%) 72%
Participation & engagement 20%
Leadership exercise 8%
72% 12 weekly reflections (6% each)
Every week, a question will be assigned for reflection. These reflection assignments are short but thoughtful pieces of writing on a given topic and may require the student to watch a short video, read a short article, or reflect on a guest speaker or topic covered in class. They should be uploaded to your personal 1802 course website.

20% Participation and Engagement (approximately 2% per class)
Students are expected to attend every class and participate actively in all activities and discussions. A spirit of support and collegiality is expected during all class activities and discussions. During opportunities for group feedback, students should be respectful, constructive, and generous. There will be no penalty for a missed class if consideration is granted according to university academic consideration policy (see below).

8% Leadership Exercise
Throughout the semester, we will learn about different ways to engage a group in interactive musical (and sometimes related non-musical) group exercises. In this assignment, each student will develop their own group exercise and use the class as their test group. The presentation of the exercise should be methodical and directed towards a specific educational purpose in line with the objectives of the course. There will be an opportunity to workshop the exercise and receive feedback from classmates.

Course Materials
Course materials will be drawn from a variety of sources and distributed in class or via OWL.

Accommodation for Illness, Disability, and Validated Absence
Students should consult the university’s policy on academic consideration for absences, found here: https://www.uwo.ca/univsec/pdf/academic_policies/appeals/Academic_Consideration_for_absences.pdf

Students are permitted to self-report up to two short (up to 48 hour) absences between September and April due to unexpected illness or extenuating circumstance without documentation. Students must report their absence using the online portal. Any absences should be immediately discussed with the course instructor within 24 hours of the student’s return to class, or preferably before an anticipated absence. Any absences which do not qualify for self reporting require a medical certificate. Provided the university policy has been met, the absence will be considered valid and will not impact a student’s standing in the course. The instructor will negotiate a new due date for any missed assignments or make other appropriate academic accommodations in consultation with the student.

Late Work and Extensions
Extensions on assignments may be granted on an individual basis for valid medical or academic reasons as per the policy above. Deadlines missed for invalid reasons will be subject to a penalty of one letter grade and a new date of submission must be immediately negotiated with the instructor within 24 hours of the missed deadline. Missed work which is not discussed within this timeline will receive a grade of 0%.

Students with ongoing medical or mental health concerns should take appropriate measures with Student Accessibility Services to document their accessibility needs and accommodations, and speak to their professor as necessary. The university policy is found here: http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_10
## Course Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
<th>Work Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mon, Jan 6, 2020</td>
<td>Welcome, introductions, syllabus&lt;br&gt;Music outside the box&lt;br&gt;Intro to Body Mapping: Points of balance</td>
<td>Reflection #1 due Friday, Jan 10</td>
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<tr>
<td>2</td>
<td>Mon, Jan 13, 2020</td>
<td>Body mapping continued:&lt;br&gt;The voice and the arm</td>
<td>Reflection #2 due Friday, Jan 17</td>
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<td>3</td>
<td>Mon, Jan 20, 2020</td>
<td>Beth Tuinstra: Multicultural percussion in the classroom</td>
<td>Reflection #3 due Friday, Jan 24</td>
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<tr>
<td>4</td>
<td>Mon, Jan 27, 2020</td>
<td>Continued discussion: Culture in the classroom&lt;br&gt;Developing an effective group exercise</td>
<td>Reflection #4 due Friday, Jan 31</td>
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<tr>
<td>5</td>
<td>Mon, Feb 3, 2020</td>
<td>Orlena Bray: Wholeness in Twelve: Well-Being &amp; our Response System</td>
<td>Reflection #5 due Friday, Feb 7</td>
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<tr>
<td>6</td>
<td>Mon, Feb 10, 2020</td>
<td>Orlena Bray: Guest lecture</td>
<td>Reflection #6 due Friday, Feb 14</td>
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<td>7</td>
<td>No Class</td>
<td>Reading Week</td>
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<tr>
<td>8</td>
<td>Mon, Feb 24, 2020</td>
<td>Orlena Bray: Wholeness in Twelve: Learning</td>
<td>Reflection #7/8 due Friday, Feb 28</td>
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<tr>
<td>9</td>
<td>Mon, Mar 2, 2020</td>
<td>Orlena Bray: Wholeness in Twelve: Thinking &amp; Coordination</td>
<td>Reflection #9 due Friday, Mar 6</td>
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<tr>
<td>10</td>
<td>Mon, Mar 9, 2020</td>
<td>Working with music and neuroatypical students</td>
<td>Reflection #10 due Friday, Mar 13</td>
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<tr>
<td>11</td>
<td>Mon, Mar 16, 2020</td>
<td>Leadership exercise presentations</td>
<td>Reflection #11 due Friday, Mar 20</td>
</tr>
<tr>
<td>12</td>
<td>Mon, Mar 23, 2020</td>
<td>Leadership exercise presentations</td>
<td>Reflection #12 due Friday, Mar 27</td>
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<tr>
<td>13</td>
<td>Mon, Mar 30, 2020</td>
<td>Leadership exercise presentations&lt;br&gt;Debrief and conclusions</td>
<td></td>
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### Statement on Writing and Academic Offences

Academic proficiency is expected in all written assignments. This means using an appropriate tone, correct grammar, citations, and original work. Instances of plagiarism will result in a mark of 0 on the assignment in question and will be referred to the Department Chair for other appropriate disciplinary measures.

University Policy: Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, as found at: [https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf)

### Mental Health @ Western

Students that are in emotional/mental distress should refer to Mental Health@Western [https://www.uwo.ca/health/mental_wellbeing/](https://www.uwo.ca/health/mental_wellbeing/) for a complete list of options about how to obtain help. Students are encouraged to avail of the services at Western's Wellness Education Centre located in the UCC, room 76. [http://wec.uwo.ca/](http://wec.uwo.ca/)